



These tasty little meat loaves are chock full of cheese and topped with a sweet glaze. These go great with Cheesy Potatoes!

8 mini loaves    20 min    45 min

Yields    Prep    Cook

# Little Cheddar Meat Loaves

## Instructions

- PREHEAT** oven to 350 degrees
- BEAT** 1 egg and 1/2 C milk in a bowl.
- STIR** in 1 C shredded sharp cheddar cheese (about 4 oz) , 1/2 C oats , 1/2 C finely chopped onion , and 1 t salt .
- FORM** into 8 loaves and place on a foil lined, greased, shallow baking dish.
- COMBINE** 2/3 C ketchup , 1/3 C light brown sugar , and 1-1/2 t mustard , then spoon over loaves.
- BAKE** uncovered at 350 degrees for 45 minutes or until the meat is no longer pink.

## Ingredients

Amount	Name	Details
1 ea	egg	
1/2 C	milk	
1 C	shredded sharp cheddar cheese	(about 4 oz.)
1/2 C	oats	
1/2 C	finely chopped onion	
1 tsp	salt	
1 lb	lean ground beef	
2/3 C	ketchup	
1/3 C	light brown sugar	
1 1/2 tsp	prepared yellow mustard	